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## NEW PATIENT QUESTIONNAIRE: PEDIATRICS

**INSTRUCTIONS:** Carefully complete all 3 pages of form in full. Relate all answers to patient's own experience.

NAME: \_\_\_\_\_ AGE: \_\_\_\_\_ DOB: \_\_\_\_\_ DATE: \_\_\_\_\_

Referred by: \_\_\_\_\_ Pediatrician: \_\_\_\_\_

Circle the problem(s) that bring you to *Windom Allergy*:

- |                                 |                   |                |                     |
|---------------------------------|-------------------|----------------|---------------------|
| Runny / stuffy nose (hay fever) | Sinusitis         | Insect allergy | Eye or ear problem  |
| Asthma                          | Eczema / rash     | Drug allergy   | Headache            |
| Cough                           | Hives or swelling | Food allergy   | Frequent infections |

The major problem(s) you wish to discuss is: \_\_\_\_\_

List *all* prescription and over-the-counter medications you are using NOW: \_\_\_\_\_

List *allergy* medications you have used *in the past*: \_\_\_\_\_

### I. Symptoms (check)

- |         |                                    |                          |                    |                                      |                   |             |
|---------|------------------------------------|--------------------------|--------------------|--------------------------------------|-------------------|-------------|
| Eyes:   | Itch___                            | Swell___                 | Burn___            | Tear___                              | Discharge___      | Dry___      |
| Ears:   | Itch___                            | Fullness___              | Popping___         | ↓ hearing___                         | Pain___           | Ringing___  |
| Nose:   | Sneeze___                          | Itch___                  | Runs___            | Stuffy___                            | Mouth breather___ | Headache___ |
|         | Snoring___                         | Yellow/green drainage___ |                    | Poor sense of smell___               |                   |             |
| Throat: | Itch___                            | Sore___                  | Post nasal drip___ | Throat clearing___                   | Swelling___       |             |
| Chest:  | Cough___                           | Phlegm___                |                    | Color and amount_____                |                   |             |
|         | Wheezing___                        | Chest tightness___       |                    | Shortness of breath with exercise___ |                   |             |
|         | Asthma diagnosed by a physician___ |                          |                    | Nighttime wheezing / cough___        |                   |             |
| Skin:   | Eczema___                          | Swelling___              | Hives___           | Rashes___, where on body?_____       |                   |             |

#### A. Respiratory allergies

- Age of onset of your hay fever \_\_\_\_\_, and/or asthma \_\_\_\_\_.
- Do you have daily symptoms? \_\_\_\_\_
- Does any particular exposure (cat, dust, smoke) make you worse? (list) \_\_\_\_\_
- Do you get sinus infections (yellow/green nasal drainage, pain, etc.)? \_\_\_\_\_ How often? \_\_\_\_\_  
How is it usually treated? \_\_\_\_\_
- What time of year are your allergies worse? (please list months) \_\_\_\_\_
- What time of day or night is the worst for your symptoms? \_\_\_\_\_
- Have you ever been hospitalized for your asthma?(when) \_\_\_\_\_ Emergency room? \_\_\_\_\_



- A. Are there smokers at home? \_\_\_\_\_ How many? \_\_\_\_\_
- B. Do you have animals at home? (type and for how long) \_\_\_\_\_
- 
- C. Do you have mostly wall-to-wall carpeting in your home? \_\_\_\_\_ In your bedroom? \_\_\_\_\_
- D. What school and grade are you in? \_\_\_\_\_
- E. Has your problem caused you to miss school? \_\_\_\_\_
- F. How long have you lived in the area? \_\_\_\_\_ Lived previously in \_\_\_\_\_
- G. Do your symptoms become better or worse on vacations or at the beach? \_\_\_\_\_
- H. Does a change in the weather influence your allergy symptoms? \_\_\_\_\_
- I. What are your daily activities? (school, daycare, etc.) \_\_\_\_\_
- J. How many other people live in your home? \_\_\_\_\_

**VII. Review of Systems**

Do you have any of the following? (check)

General

- \_\_\_ weight loss
- \_\_\_ fevers
- \_\_\_ night sweats
- \_\_\_ loss of appetite
- \_\_\_ swollen lymph nodes
- \_\_\_ dry mouth
- \_\_\_ snoring

Eyes and ears

- \_\_\_ dry eyes
- \_\_\_ change in vision
- \_\_\_ trouble hearing

Skin

- \_\_\_ skin rashes
- \_\_\_ recurrent skin infections

Gastrointestinal

- \_\_\_ nausea / vomiting
- \_\_\_ diarrhea
- \_\_\_ frequent stomach aches

Endocrine

- \_\_\_ cold / heat intolerance
- \_\_\_ increased thirst
- \_\_\_ frequent urination

Musculoskeletal

- \_\_\_ morning joint stiffness and aching
- \_\_\_ painful, swollen joints
- \_\_\_ muscle tenderness or pain
- \_\_\_ muscle weakness

Psychological

- \_\_\_ fearful, anxious
- \_\_\_ excessive worry
- \_\_\_ trouble sleeping
- \_\_\_ depression

**VIII. Additional Information**

Anything else you want to discuss during your initial visit? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_