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NEW PATIENT QUESTIONNAIRE: PEDIATRICS

INSTRUCTIONS: Carefully complete **all 3 pages** of form in full. Relate all answers to patient's own experience.

NAME: _____ AGE: _____ DOB: _____ DATE: _____

Referred by: _____ Pediatrician: _____

Circle the problem(s) that bring you to *Windom Allergy*:

- | | | | |
|---------------------------------|-------------------|----------------|---------------------|
| Runny / stuffy nose (hay fever) | Sinusitis | Insect allergy | Eye or ear problem |
| Asthma | Eczema / rash | Drug allergy | Headache |
| Cough | Hives or swelling | Food allergy | Frequent infections |

The major problem(s) you wish to discuss is: _____

List *all* prescription and over-the-counter medications you are using NOW: _____

List *allergy* medications you have used *in the past*: _____

I. Symptoms (check all that apply)

- Eyes:** Itch Swell Burn Tear Discharge Dry
- Ears:** Itch Fullness Popping Decreased Hearing Pain Ringing
- Nose:** Sneeze Itch Runny Stuffy Mouth Breather
- Snoring Headache Decreased Smell Yellow/Green Drainage
- Throat:** Itch Sore Post Nasal Drip Throat Clearing Swelling
- Chest:** Cough Phlegm, color/amount _____ Asthma diagnosed by a physician
- Wheezing Chest tightness Heartburn Shortness of breath with exercise
- Nighttime wheezing/cough
- Skin:** Eczema Hives Swelling Rashes. If so, where on body? _____

A. Respiratory allergies

- Age of onset of your hay fever _____, and/or asthma _____.
- Do you have daily symptoms? _____
- Does any particular exposure (cat, dust, smoke) make you worse? (list) _____
- Do you get sinus infections (yellow/green nasal drainage, pain, etc.)? _____ How often? _____
How is it usually treated? _____
- What time of year are your allergies worse? (please list months) _____
- What time of day or night is the worst for your symptoms? _____
- Have you ever been hospitalized for your asthma?(when) _____ Emergency room? _____
- Have you had sinus surgery, tonsils/adenoids removed or ear tubes? _____

B. Drug allergies

Please list all drugs, reaction and approximate date: _____

C. Insect allergy

Have you had a severe allergic reaction to an insect sting (wasp, yellow jacket, hornet, fire ant)? (explain) _____

D. Food allergies

Please list all foods and reaction they cause: _____

Were you nursed or bottle fed? _____ Colic or reflux with formulas? _____

E. Have you had *hives* (welts) before? (when, how long) _____

F. Have you had *eczema* (red, scaly, itchy skin) previously? _____

G. Are you sensitive to *latex* or rubber products? (explain) _____

II. Previous Allergy Evaluation and Treatment

A. Name of allergist and city _____

B. Were you tested for allergies by skin test or blood test? _____ When _____ Results: _____

C. Were you put on allergy shots? _____ When, how long: _____

D. Have you ever had steroid pills / syrup (dosepak, Orapred, Prelone, Pediapred)? _____ When _____

III. Past Medical History

A. Please list all important operations and other hospitalizations that you have had: _____

B. Other medical problems: (please circle) Diabetes Heart disease Hiatal hernia
Abnormal chest x-ray Hepatitis ADD/ADHD Other _____

C. Have you ever had a blood transfusion? _____

D. Have you experienced recurrent sore throats, bronchitis? (how often) _____; or severe infections (kidney, meningitis, pneumonia) _____

E. Have you had a chest x-ray, sinus x-ray, breathing test, blood tests? Comment on results. _____

F. Are your vaccinations up to date? _____

G. Do you receive the flu vaccine yearly? _____

IV. Family History

A. How many siblings do you have? _____ brothers, _____ sisters.

B. Do your close relatives have any of the allergy problems we've covered above? (list and comment) _____

C. Are there any hereditary diseases or other disorders that seem to occur frequently in your family? _____

V. Personal and Environmental History

A. Are there smokers at home? _____ How many? _____

B. Do you have animals at home? (type and for how long) _____

C. Do you have mostly wall-to-wall carpeting in your home? _____ In your bedroom? _____

- D. What school and grade are you in? _____
- E. Has your problem caused you to miss school? _____
- F. How long have you lived in the area? _____ Lived previously in _____
- G. Do your symptoms become better or worse on vacations or at the beach? _____
- H. Does a change in the weather influence your allergy symptoms? _____
- I. What are your daily activities? (school, daycare, etc.) _____
- J. How many other people live in your home? _____

VII. Review of Systems

Do you have any of the following? (check)

General

- ___ weight loss
- ___ fevers
- ___ night sweats
- ___ loss of appetite
- ___ swollen lymph nodes
- ___ dry mouth
- ___ snoring

Eyes and ears

- ___ dry eyes
- ___ change in vision
- ___ trouble hearing

Skin

- ___ skin rashes
- ___ recurrent skin infections

Gastrointestinal

- ___ nausea / vomiting
- ___ diarrhea
- ___ frequent stomach aches

Endocrine

- ___ cold / heat intolerance
- ___ increased thirst
- ___ frequent urination

Musculoskeletal

- ___ morning joint stiffness and aching
- ___ painful, swollen joints
- ___ muscle tenderness or pain
- ___ muscle weakness

Psychological

- ___ fearful, anxious
- ___ excessive worry
- ___ trouble sleeping
- ___ depression

VIII. Additional Information

Anything else you want to discuss during your initial visit? _____
